



# San Pedro Academy

## Private Instruction

The San Pedro Academy Private Instruction is a comprehensive training program for Players committed to serious improvement. The Program offers multiple Private Session Packages.

The Program extends well past the practice tee in providing guidance and counseling from an experienced team of golf, sports psychology, and fitness professionals, along a group of world class consultants.

### **BENEFITS**

1) Provides training for:

- Full Swing Technique & Skill Building
- Short Game Technique & Skill Building
- Putting Technique & Skill Building
- Course Strategy
- Mental Coaching
- Emotional Management

2) Provides access to tournament services including:

- Tournament Selection & Scheduling
- Tournament Preparation
- Benchmark Testing
- Course-specific Strategy
- Parent Caddy Training

3) Provides access to advanced training programs including:

- DECADE™ Course Strategy
- VISION54 Mental Training
- Titleist Performance Institute Junior Development
- BioSwing Dynamics Full Swing Training
- Wright Balance Biomechanical Analysis
- Biometric Sports Certified Combine™ Training

4) Provides access to the latest analytic technology including:

- Trackman™ 4 Pro Dual Radar Launch Monitors
- Foresight™ GC Quad Launch & Club Analysis
- Flightscope Xi Pro
- MySwing 3D Analysis
- Swing Catalyst™ Ground Force & Pressure Analysis
- Science & Motion™ PuttLab 5.1 3D Analysis

5) Provides access to complete fitness programming:

- Biometric Sports F2 Project Distance Training

- Titleist Performance Institute Functional Movement Assessment
- Strength & Conditioning programs tailored to the Player's unique biomechanical structure & function, which helps avoid future injury.

## PRIVATE INSTRUCTION

	BASE PROGRAM		COST
1	<b>The Twelve Pack</b>	<b>Twelve (12) 1-Hr Training Sessions Bring Your Junior For Free</b>	<b>\$1,200</b>
2	<b>The Six Pack</b>	<b>Six (6) 1-Hr Private Training Sessions Bring Your Junior For Free</b>	<b>\$750</b>
3	<b>The Single</b>	<b>1-Hr Private Training Session Bring Your Junior for Free</b>	<b>\$150</b>
4	<b>The Half</b>	<b>1/2-Hr Private Tune-Up</b>	<b>\$75</b>
5	<b>Junior Twelve Pack</b>	<b>Twelve (12) 1-Hr Training Series One or Two Juniors</b>	<b>\$900</b>
6	<b>Junior Six Pack</b>	<b>Six (6) 1-Hr Private Training Series One or Two Juniors</b>	<b>\$500</b>
7	<b>Junior Single</b>	<b>1-Hr Private Training Session for One or Two Juniors</b>	<b>\$100</b>